

Irrigating Your Surgical Extraction Site

To support healing and prevent infection after your surgical extraction, it is important to gently irrigate the extraction site at home using the provided ozonated water syringes. Please follow the instructions below carefully.

Supplies Provided:

- 5 pre-filled irrigation syringes containing ozonated water

Storage Instructions:

- Keep all syringes refrigerated to maintain the potency of the ozonated water.
- Use the syringes within 1 week of receiving them for best results.

When to Start:

- Begin irrigation 48 hours after your surgery (unless your doctor instructs you otherwise).

How to Irrigate:

- Wash your hands thoroughly with soap and water.
- Remove one syringe from the refrigerator. Let it sit at room temperature for about 5–10 minutes if it feels too cold to use comfortably.
- Face a sink or mirror and gently pull back your cheek to expose the extraction site.
- Place the tip of the syringe just inside (not deeply into) the extraction socket.
- Gently push the plunger to flush the area.
- Use steady, light pressure to clean out any food debris or buildup.
- Do not forcefully squirt, as strong pressure could delay healing.
- Continue irrigating until the syringe is empty.
- Dispose of the used syringe after each use.
- Each syringe is for single use only to avoid contamination.
- Repeat once or twice a day until all syringes are used, or as directed by your provider.

Important Tips:

- Continue to brush and floss your other teeth as normal, but be gentle around the surgical site.
- If you run out of syringes or notice any signs of infection (increased pain, swelling, bad odor, or unusual drainage), contact our office immediately.
- Do not use mouthwash, hydrogen peroxide, or other solutions in the extraction site unless specifically instructed by your provider.

If you have any questions or concerns, please call our office at 704.554.1007 or email us at info@gentrydentalcharlotte.com . We are here to support your healing!